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Homeopathic case documentation: a concrete case study from the Argentinian database BRECHA (Banco de Reporte y Estudio de Casos Homeopathicos de Argentina)

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Abstract

High-quality homeopathic cases represent one of the most useful tools to understand and improve the outcomes of homeopathic prescriptions. Homeopathic case documentation plays a key role to make possible high-quality homeopathic case research. BRECHA, the argentinian homeopathic casebank, which uses the strictest standards for the presentation, the case documentation and the assessment of outcomes, have developed guidelines that allow the physician to focus on research in the daily practice. A BRECHA case study of severe Rheumathoid Cachexia with a follow up of almost 9 years is presented, with emphasis placed on the main homeopathic issues (verbatim expressions; repertory translation; repertorization; case analysis and approach strategies; prescribed treatment; follow-up) and the importance of a precise documentation.

Keywords: High-quality homeopathic cases - homeopathic casebank – BRECHA - rheumathoid cachexia mind symptoms – mind rubrics – verbatim expressions – repertory translation – approach strategies – homeopathic documentation.

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